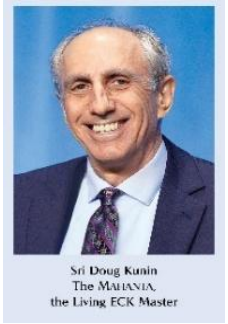
ECKANKAR Path of Spiritual Freedom

ECK News of Oklahoma

October 2026

Oklahoma Satsang Society, Inc. 405-655-0219
http://eckankarinoklahoma.org



Chance

By Jackie Kirsch

There is a man with silvered hair
Sitting on his porch in his rocking chair
A forgotten soul, a forgotten age
No memories to share upon his stage

There is a child sitting by a tree
Silently weeping on bended knee
No comfort in the garden of stone
A broken heart all alone

A golden heart
A sound so pure
A bright blue light
The Sound of HU
A chance meeting
Two souls collide
Was this chance meeting
No chance at all?

There is a man with silvered hair
Memories to cherish with a child by his chair
Two souls to share a sound so true
A song so sweet, the sound of HU

October begins

The Year of Spiritual Healing

"The second of the spiritual years of ECK. It embodies the following secret: **Secrets of Spiritual Healing**"

"Tips for Spiritual Healing

Health is HARMONY. To maintain harmony, one must guard the three entrances—the mouth, the ears, and the eyes. Be aware of what enters the mouth and what comes out of it. Watch closely what your ears hear and how you process this information. Observe carefully what your eyes see and how that affects your emotions."—Harold Klemp, ECKopedia, The ECKANKAR Lexicon, p.352,276.

The Time of Passing On

By Jacque Jetton

Memories of Friends
Feeds happiness
That never ends
What we shared
and what we learned
can never be
just burned.

Somehow, we've helped each other
With sincerity and love
Through many an experience

So, dear friend,
I've known you, treasured you,
And love you much
Perhaps someday
You'll know such

So, love me, leave me,
And let me go
For only Sugmad
Directs my flow.

-In Person Events-

Tulsa
Raise Your Spiritual IQ!

Passkey to the Inner Worlds.
Open your heart and your Spiritual Eye with the HU mantra.

October 4, 2-3 pm
Hardesty Regional Library,
8316 E 93rd St. Tulsa
Ash Room

Hu is the sound behind all sounds, woven into the language of life. It is everywhere, in everything. … When sung or chanted with love, HU opens the lines of communication to the most sacred part of yourself. It acts like a tuning fork, aligning Soul with higher states of love, creativity, healing, and awareness."
—ECK Master Harold Klemp, ECKopedia, The ECKANKAR Lexicon p.122

We will experience a HU Song and share stories of how this simple exercise has impacted our lives. I hope you can join us.

OKC
Raise Your Spiritual IQ!

On pause for October

The 2026 ECK WorldWide Soul Adventure Seminar. **Secrets of Spiritual Healing:** A Secret to Spiritual Living October23-25.

Weekend events include:

- Inspiring talks
- Heart-opening creative arts
- Roundtable discussions
- Sri Doug Kunin's Saturday-evening appearance

Whatever your faith or background, come and discover more about your divine nature as Soul!

Registration is complementary for guests.

"I would encourage you to be eagles in Spirit, to recognize your heritage as a spiritual being able to rise at will into the higher planes of God. When you love with the song of HU in your heart, you are letting the highest principle in life direct you to the experiences you need.

The ultimate happiness comes when you are able to move at will between the physical and spiritual worlds as a Co-worker with God.

This is your destiny; this is your mission." —ECK Master Harold Klemp, The Sound of Soul, p.25

Try the FREE HU APP at HearHU.org.

Public Zoom Events

ECK Light and Sound Service from the ECK Temple of North Texas

https://tinyurl.com/ELSS26

(1st Sunday) 11:00 a.m.–12:00 p.m.

Oct 4 – Is Life a Random Walk?

Oct 18– Soul's Wake-Up Call

https://tinyurl.com/Puzzlebox26

Oct 10, 4:30-5:30 p.m.

Unlock the Puzzle Box of Life through Dreams, Past Lives and Soul Travel

https://tinyurl.com/LetsChat26

Oct 11, 5pm-6pm

Let's Chat! What Would Be the Most Important Truth About Your Spirituality?

https://tinyurl.com/3rd-Suntx

Oct 18 5pm-6pm

Beyond Limits: Finding True Spiritual Freedom! (Only for 18-40 year olds!)

Check MeetUp and our website for more events and Zoom links

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