



# ECK News of Oklahoma



June 2026

Oklahoma Satsang Society, Inc. 405-655-0219  
<http://eckankarinoklahoma.org>

## A Lesson in Listening

A new retirement hobby has come to me—creating pottery. I frequent a senior center that offers many things, but the Pottery Lab is my favorite. Not only do I get to learn pottery skills, but the social interaction is wonderful.

A lovely woman blesses us with her kindness and pottery help frequently. She is a minister's wife and her father was a minister, a sound Christian foundation, indeed. This assured me that I would probably not be talking to her about my Eckankar beliefs at any time. Turns out that she found out that my teaching area had been serving Emotionally Disturbed children of high school age. She began telling me about a family member and the tragic struggles occurring in her family. From her story, I gathered her family had tried and tried for many years to resolve the issue and yet problems had persisted.

There I was sitting with many pottery acquaintances around the table. Usually, I keep my personal ECK beliefs to myself but didn't feel awkward about sharing about karma and reincarnation with her at all.



I thought she might find a kernel of truth in it. I wanted to help. She didn't respond negatively and continued talking about her family problem, searching for solutions.

I thought this was me sharing an ECK idea, but after thinking about the interaction afterward, it hit me. She needed to express her troubles. It was okay for me to tell her about karma and reincarnation, but beyond that, I was there to listen to her. This was the point. Our hearts were open and she taught me about listening to the Sound in another way, through listening to others. The Sound of the ECK reaches us in many ways. This experience added a new dimension to my understanding of the Sound of ECK. What a beautiful lesson she gave to me!

I found this quote on April 20th in *The Days of Soul Calendar*; the day I wrote this story—wow.

“ECK is the path of love, and that includes learning to have compassion and understanding when other people run into karma that they cannot understand or handle. The ECKist is one who offers comfort, a kind word, and perhaps a shoulder to cry on. But when a person's loss is so deep that words won't help, listening sometimes does more good than talking. This is all part of the path of ECK.”

—Harold Klemp,  
*Unlocking the Puzzle Box  
Mahanta Transcripts, Book 6*

By Jean Ann Saatian



Pottery by Jean Ann Saatian

## -In Person Events-

### Raise Your Spiritual IQ! –

#### Moving Past the Past

*Breaking free from karma and reincarnation*

**Sunday June 7, 2:00-3:00pm**

Martin Regional Library  
2601 S Garnett Rd, Tulsa

*"The primal seed for each incarnation exists under the umbrella of destiny, which we also call past-life karma.".... fate governs the conditions at birth; free will allows a choice as to how to move beyond them." —ECK Master Harold Klemp, ECKANKAR Key to Past Lives, p.97,99*

### Raise Your Spiritual IQ! –

#### As Soul, Your Quest Is Spiritual Freedom in this Lifetime.

*Explore the deeper meaning of Spiritual Freedom.*

**June 28, 1:00- 2:00pm rm 2**

Will Rodgers Gardens Event Center  
3400 NW 36th St, OKC

Why is ECKANKAR called the Path of Spiritual Freedom?

*"Each Soul is on a journey of Self-Discovery and God-Discovery. With every step forward, we enjoy greater release from the limitations of mind, emotions, karma, and reincarnation.*

*With this freedom comes responsibility, wisdom, and unconditional love." —ECK*

Master Harold Klemp,  
ECKankar the Art of Spirituality,  
p.13

Join us for a spiritual discussion with a new perspective. Are you everything you want to be? You came into this life to spread your wings and live in freedom – heart, mind, and Soul



## Public Zoom Events



**ECK Light and Sound  
Service from the  
ECK Temple of North Texas**

<https://tinyurl.com/ELSS26>

**(1<sup>st</sup> Sunday) 11:00 a.m.–12:00 p.m.**

**June 7-Seeing the World Through the Eyes of Soul**

**June 21- What is the Vital Importance of Love?**

<https://tinyurl.com/Puzzlebox26>

**June 13, 5:00–6:00 p.m.**

**Unlock the Puzzle Box of Life through Dreams, Past Lives and Soul Travel**

<https://tinyurl.com/Soulsound26>

**June 14, 5pm-6pm**

**Explore the reality of Your Dreams, Soul Travel and Past Lives**

<https://tinyurl.com/3rd-Sun26>

**June 21, 5:00–6:00 p.m.**

**What is Living the Spiritual Truth as Soul?**

**Ages 18–40**

Check MeetUp and our website for more events and Zoom links



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