



ECK NEWS of OKLAHOMA

March 2025

ECKANKAR

Path of Spiritual Freedom



**Harold Klemp,
The Spiritual Leader
of ECKANKAR**

*“Dreams are a golden key to understanding the most secret part of ourselves.”
-Harold Klemp, ECKANKAR Key to Dreams, p.14.*

Open the Doorway to Your Dreams

The presentation will be on Saturday, March 1st 1:30 to 2:15.

Gypsy Soul Fair, Saturday and Sunday, March 1-2, will be held at the OKC Fairgrounds, in the Hobby Arts Center. 3247 Stagecoach St, OKC 73107

Saturday 10-5, Sunday 11-5

If you are unable to make the presentation our booth will be open both days. FREE books and other ECKANKAR materials will be available.



Where Do We Go in Our Dreams

The presentation will be held, time to be determined.

Gypsy Soul Fair, Saturday, March 15th 10am to 5pm
Case Community Center, 1050 W Wekiwa Rd, Sand Springs, OK 74063

If you are unable to make the presentation our booth will be open all day. FREE books and other ECKANKAR materials will be available.

For more information go to: <http://eckankarinoklahoma.org>

A Dream Exercise to try:

The Golden Cup

Every evening at bedtime, visualize a golden cup to be filled with your dream experiences. The cup sits by your bed. When you awake in the morning, in contemplation or in your imagination, drink from the cup. You are drinking in the experiences, a conscious way of saying, I want to remember what I am doing on the inner planes while my body is asleep.

The golden cup is Soul; it is you. As you put more attention on drinking from the cup, it takes on a life of its own. The more the ECK (Holy Spirit) flows in and out of the cup, the more Soul shines of its own light. You, as Soul become an ever-brighter vehicle for the Holy Spirit.

The experiences you have will lead to greater awareness of your life and its divine meaning.

—Harold Klemp, *The Spiritual Exercises of ECK*, p25.

An Edge for Health

HU, the secret name of God, opens you as a channel for the greater healing of Divine Spirit.

Every thought, word, or deed either purifies or pollutes the body. This is very important, very powerful, because it deals with your state of consciousness.

If, at some point, you need an edge for health or for peace of mind, look to what's coming into your world. Look to your form of music, or your form of news. Be aware of what-ever ways you

let the external world into your internal world.

What's coming in is going to go back out. Then it rebounds like an echo and returns to you. It strengthens and grows to have a very strong influence in your life. This influence can be for either beneficial things or harmful things. So the choice is yours.

Every thought, word, or deed either purifies or pollutes your body.

— Harold Klemp, *Raise Your Spiritual IQ Experience Journal*, p.38.



PUBLIC Zoom Links

<https://tinyurl.com/ELSS11a>

ECK Light and Sound Service
ECK Temple of North Texas

(1st Sunday) 11:00 a.m.–12:00 p.m.

Dancing to the Rhythm of Life

<https://tinyurl.com/3rdSun18-40>

(March 16th) 5:00–6:00 p.m.

Doorway to Your Inner Worlds Ages 18–40

<https://tinyurl.com/SOS5pm>

(4th Sunday) 5 p.m. – 6 p.m.

A Sound of Soul Event **March**

<https://tinyurl.com/4thSD5p>

(4th Sunday) 5 p.m. – 6 p.m.

A Spiritual Discussion **April**

—In-Person Events—

March 23– 11:30a - 12:30 p.m.

Will Rogers Garden Center OKC

Connect with the Sound of Soul Event

Enhance your Dream Experiences

Raise Your Spiritual IQ!

Your Dream Worlds Revealed – April 6, 2025

Book Discussion *ECKANKAR Key to Dreams*

Martin Regional Library

2601 S Garnett RD, Tulsa 2:00 p.m.

Oklahoma Satsang Society, Inc.,

405-655-0219

<http://eckankarinoklahoma.org>

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