



ECK NEWS of OKLAHOMA

April 2025

ECKANKAR

Path of Spiritual Freedom



Harold Klemp,
The Spiritual Leader
of ECKANKAR

HOW ECKANKAR FOUND ME

By Mimi Stauffer

A beautiful Morgan / Arabian mare named Sarazan and her trainer Linda introduced me to ECKANKAR.

Each birthday and Christmas as a child I had hoped to see a pony bedecked in bows in my yard as a present.

Now as an adult I had a renewed desire for a pony to love. In life I was struggling, sad and confused from some dangerous and unhappy detours in my past.

When I followed an ad to Sarazan, I fell in love with her at first sight and bought her that very same day. Sarazan had also suffered some rough and unhappy treatment. Still, she was a high-spirited horse. I needed help from Linda, the mare's trainer.

As our training went on, I spent many a day crying in Sarazan's stall while my new horse quietly stood there, listened, and let me feel her soft mane.

Linda listened to me too, telling me how I could see my troubles from a 360-degree view by seeing they were only parts that fit into a bigger picture. She told me about karma and reincarnation and how to obtain spiritual freedom in this lifetime.

Linda told me about the MAHANTA, the Living ECK Master, and opening my heart to receive inner guidance. She told me about singing *HU*. I read *The Spiritual Notebook*, by Paul Twitchell, loaned by Linda, it was like a cool tall drink of water in my arid, harsh desert of desperation and desolation.

Still, I was not ready to take the next step and become a student of ECKANKAR, not sure if ECKANKAR was too good to be true.

One afternoon Linda and I were driving a trailer full of horses along the steep, narrow, curving road down from the mountains of the Angeles National Forest. The brakes failed on the truck about half-way down. While Linda skillfully managed the gear shift to keep the truck from falling off the steep cliff, I fearfully looked down into the canyons.

I asked Linda, "If we don't make it down to the bottom in one piece, is there any chance of my going where you go, with your Master?" She kindly replied, "Yes, you can come."

We got down safely. When I became a student of ECKANKAR it changed my path of self-destruction to one of greater love and growth and wisdom for all life has to offer.

This path took my fears and answered all my questions. I have never looked back. I am so grateful to live with the comfort and guidance of the MAHANTA, the Living ECK Master and these teachings. I love this way, this golden path of ECK, the direct way to God.

“Once ignorance and fear are removed from our lives, we enter into the freedom of Soul. We can then come into the states of wisdom, power and freedom.”

—Harold Klemp,
The Awakened Heart, p.132

PUBLIC Zoom Links

<https://tinyurl.com/ELSS11a>

ECK Light and Sound Service
ECK Temple of North Texas

(1st Sunday) 11:00 a.m.–12:00 p.m.

The Path of Spiritual Freedom

<https://tinyurl.com/3rdSun18-40>

(March 16th) 5:00–6:00 p.m.

Doorway to Your Inner Worlds Ages 18–40

<https://tinyurl.com/SOS5pm>

(4th Sunday) 5 p.m. – 6 p.m.

A Sound of Soul Event May

<https://tinyurl.com/4thSD5p>

(4th Sunday) 5 p.m. – 6 p.m.

A Spiritual Discussion April

—In-Person Events—

April 6, 2025 — Raise Your Spiritual IQ!

**Your Dream Worlds Revealed –
Book Discussion *ECKANKAR Key to Dreams***

Martin Regional Library

2601 S Garnett RD, Tulsa 2:00 p.m.

April 20th—12:30 am - 1:30 pm

Will Rogers Garden Center OKC

Book Discussion *ECKANKAR Key to Dreams*

Enhance Your Dream Experience



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