



Harold Klemp,
The Spiritual Leader
of ECKANKAR

My Runaway Walker

by Janice Ferris

Just before Thanksgiving Day this year, two of my good friends came to see me and take me to lunch. This is a treat as I am currently not out on pleasure trips too much. I am gaining stability and balance from a history of injuries from past falls. This walker is my helper.

My good friends and I headed to the car, one carrying the walker. I was already carefully seated in the car when the walker, seizing an instant when no one had a hand on it, took off down the hill. It had a slope to roll down as my home and driveway are at the bottom of a nice-sized hillside. I heard a commotion and talking as my friends captured the culprit.

I think they were laughing as they saw no harm was done. I know I have enjoyed talking about the runaway walker. I have often found encouragement on my spiritual path, ECKANKAR, the Path of Spiritual Freedom, to find a light approach to life when I can. Life is not always easy for any of us.

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Once upon a time I asked God what the best way is to live. What is the key to a good life. And instantly right before my eyes was a large word written in the air —

B A L A N C E

WHAT THE BIRD TEACHES

By Jacque Jetton

*If I could make history
Equally worth the memory
Of one unseen bird, who sang
Loud and long, the distinct melody
Of all his song, I would indeed be great.
Unanswered, yet undaunted, he,
Confident of tonality, sang
COMPLETELY UNAWARE
OF THOSE WHO MIGHT NOT REALLY CARE.
With such exuberance did he sing.
That I forgot everything, and was
Involved for a quite a while
In a diminutive smile
Oh, little bird of impudence,
How I loved your eloquence.*

I could hardly believe it, but there it was. I've tried to figure that out in the many changes of my life.

Erasing sadness into happiness, I've learned to appreciate tears and happy smiles.

And Wow! I am happy that I found ECK. Words cannot express how much I love the MAHANTA.

So, in this moment I think I'll watch the birds.

“If we can laugh at ourselves and laugh with others instead of at them, the laughter itself is the music of God.”

—Harold Klemp.

How the Inner Master Works, p. 82

Sri Harold Klemp, the MAHANTA, the Living ECK Master, is my special example of one living a balanced life and finding joy. He enjoys the homespun tales about all creatures, the antics and help from animals, and one’s own pets.

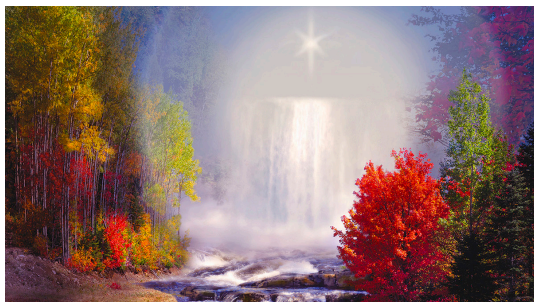
I treasure having an inner and outer guide

who lives a lifetime right along with me. My inner helps are in dreams, inner nudges, spoken and unspoken thoughts from a higher source. Sri Harold reminds us that life goes up and down in a natural, holy rhythm.

“When our fortunes hit bottom, we surrender to Spirit. Then we can go back up more naturally, and we’ll maintain this rhythm of life.

“. . . Singing HU can help you align with this natural, holy rhythm of life.”

—Harold Klemp. *The Sound of Soul*, p.32



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(4th Sunday) 11:30 a.m. – 12:30 p.m.

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