



ECK NEWS of OKLAHOMA

November 2024

ECKANKAR

Path of Spiritual Freedom



Harold Klemp,
The Spiritual Leader
of ECKANKAR

DENTIST APPOINTMENT OFFERS AN OPPORTUNITY FOR GRATITUDE

By Susan Bradley

*M*aking the best of a long ride home I am listening to a story told by Harold Klemp., The story is about a man enjoying his day even though he is going to the dentist. The story brings up my terrible fear of dentists. This quote comes to mind:

“Being relaxed in the arms of ECK means giving up and letting go of your fear to Divine Spirit. Because that is the ECK, the Holy Spirit. If you’re going to be a Coworker with God, you need to be strong.”

—Harold Klemp, *The Awakened Heart*, p. 129.

The man in the story wakes up with gratitude even though he is going to the dentist. Everything that comes his way is acknowledged as a blessing, even his dental appointment.

With the story still fresh in my mind I eat breakfast. Biting down on a hard crust a cracking sound comes from my tooth. This tooth has bothered me for some time, and I realize it is time to find a dentist. I begin feeling anxious as my dental visits are coupled with feeling powerless. I stop everything and sing *HU*, a love song to God. I ask for inner guidance. It comes to me that I can ask for my options. Knowing this reduces my fear. Feeling more confident I browse

through the list, make a call and surprisingly, I have an appointment for the next day. My fear returns by the confirmation of a sudden appointment.

I think back on the story told by Harold Klemp and know that I can handle this. I feel comfort and support as I think back on how the story unfolded. The man decided to make the best of his day including his dental visit. I choose to walk into my day with gratitude knowing that I will meet my new dentist and take care of my loose tooth. Like the man in the story, I set out into the day with an open heart.

“Spiritual freedom is growing into a state of more godliness. Becoming more aware of the presence of God. How do you do this? By becoming aware of the lessons behind your everyday experiences. This is how you grow into a loving awareness of the presence of God.”

—Harold Klemp

ECK Wisdom on Spiritual Freedom, p.4.

With the story in mind, I feel gratitude as I walk into the dentist office. We discuss my options, and I become comfortable with a minimal procedure today. I can handle this and feel deeply grateful. I ask the

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assistant what it is like to work with people that feel scared. As we talk my worries ease, and I lean back allowing the process to take place. With each breath I feel deeply grateful as I allow these amazing professionals to practice their fine skills.

I drive home grateful that I know a good recipe for soft scrambled eggs.

“There is no limitation except for the limitations you have made for yourself. These limitations are very real.”

—Harold Klemp, *The Sound of Soul, your guide to the worlds of HU*, p.21



PUBLIC Zoom Links

<http://tinyurl.com/11amSunELSS>

ECK Light and Sound Service
ECK Temple of North Texas

(1st Sunday) 11:00 a.m.–12:00 p.m.

"The Quest for the Jewel of God"

<http://tinyurl.com/5pThirdSun>

(November 17th) 5:00–6:00 p.m.

Dream Healing & Help Today Ages 18–40

Realize the Profound Reality of God's Love in Your Life!

The 2024 ECK Worldwide

Soul Adventure Online Event

Coming November 18!

**Loving As God Loves:
A Secret to Spiritual Living**

~Experience seminar highlights~

featuring a talk by Sri Harold Klemp,
the MAHANTA, the Living ECK Master

2024 Online Event

streaming Nov. 18, 2024–Jan. 31, 2025



<http://tinyurl.com/1130aFourthSunSo>

(4th Sunday) 11:30 a.m. – 12:30 p.m.

A Sound of Soul Event **November**

<http://tinyurl.com/5pmFourthSunSo>

(4th Sunday) 5:00–6:00 p.m.

A Sound of Soul Event **November**

**Change Your Life with Divine Imagination
Finding Opportunities in Change**



December 22, 11:30 a.m. – 12:30 p.m.

In-Person Spiritual Discussion
Will Rogers Gardens Event Center
3400 NW 36th St., OKC