



# ECK NEWS of OKLAHOMA

May 2024

## ECKANKAR

Path of Spiritual Freedom



Harold Klemp,  
The Spiritual Leader  
of ECKANKAR

### A STORY FOR AND BY THE BIRDS

By Bryan Lee

In the spring the urge came to this little bird and its mate to prepare a nest to care for their young when they hatched, and thus to continue survival through the next generation of little ones.

First, they found a suitable place to build. They were very choosy and fussy over this selection. Then they worked and worked, carrying twigs and other materials. They worked all day. One little bird found a very long piece of grass stem, with the fuzz of a bloom still intact from last year. It was about all it could do to fly in the wind with it. Struggle it did, bringing it through limbs and brush to the nest site. The little bird worked, trying to get the grass to bend around the nest to tie it all together. Try as it might, the grass wouldn't bend. Darkness caught the little birds, so they slept to start the

#### SPRINGTIME

By Jacquie Jetton

*A time for new birth,  
Like the yellow daffodils*

*Daring to bloom  
among the broken tree limbs*

*Like the courageous people  
Who continue singing HU.*

*Like all brave people*

*Who dare to bloom*

*In the love of HU*

∞∞

*The flower bloomed,  
If it had not,  
I would not have known  
How beautiful a flower is.  
Sing HU.*

task the next morning.

A mist of dew formed on everything before the morning. Awakened by the coming of the sun rising in the sky, the little birds shook themselves to remove the dew from their feathers. Quick to be about the business of building, the little birds flew off to pick up more materials, like a few feathers, a long piece of string, and also some moss to make the nest soft. Back at the nest, the birds discovered that the morning dew had softened the long piece of grass from the day before, and it bent easily where they wanted it to go. Happily, the little birds finished and flew off together—maybe to find some breakfast.”

Watching some birds build a nest one beautiful sunny morning, I was inspired to write the above

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tale about their actions and lessons that came to me. Just as the birds were helped by the dew of morning softening the stubborn weed, I know that help is always available to me, especially if I exercise

Harold Klemp writes "...Do what you are able to do toward self-sufficiency ... to make a gradual change from dependency to independence. Start to think how you can do even one little thing to become a self-reliant person over the long-haul... Do accept

my ability, using my utmost efforts. As I do, I also trust the guidance of the MAHANTA (Inner Master) using the help found in my contemplation and spiritual exercises.

all the MAHANTA's help that is given to you, however, until you reach this state of self-mastery."

—Harold Klemp.

*The Living Word, Book One, Page 183*

**SAVE the DATE — June 23rd, Spiritual Experiences: Have You Had One? 11:00am – 12:30pm**  
**In person at Will Rogers Garden Center in Oklahoma City.**

"You're walking in a sea of experiences every moment of your life. And some people walking around in this sea of life find miracles every day."  
—Harold Klemp, *Our Spiritual Wake-up Calls*, p. 11.

### **PUBLIC Zoom Links May**

<http://tinyurl.com/11amSunELSS>

ECK Light and Sound Service  
ECK Temple of North Texas

**(1st Sunday) 11:00 a.m.–12:00 p.m.**

*"The Creative Imagination—"*

<http://tinyurl.com/5pThirdSun>

**(3rd Sunday) 5:00–6:00 p.m.**

*Are Dreams a True Reality?* Ages 18–40



<http://tinyurl.com/1130aFourthSunSoS>

**(4th Sunday) 11:30 a.m. – 12:30 p.m.**

*OK Sound of Soul Event*

July

ALTERNATING WITH

<http://tinyurl.com/1130aFourthSunSD>

**(4th Sunday) 11:30 a.m. – 12:30 p.m.**

*OK Spiritual Discussion*

May

<http://tinyurl.com/5pmFourthSunSoS>

**(4th Sunday)**

**5:00–6:00 p.m.**

*A Sound of Soul Event*

May

ALTERNATING WITH

<http://tinyurl.com/5pFourthSunSD>

**(4th Sunday)**

**5:00–6:00 p.m.**

*Spiritual Discussion*

Sept