



Harold Klemp, The  
Spiritual Leader of Eckankar

# ECK News of Oklahoma

## ECKANKAR

### The Path of Spiritual Freedom

April 2019



## Spiritual Reinforcement by Mac Bethea

The 2019 Eagles in ECK Chela Meeting was held this February on Hwy 33, near Coyle, OK. The weather was cold and snowy, and I debated about making the trip. Early that morning I did a Spiritual Exercise called the Shariyat technique. It is posing a question or a difficulty, asking for spiritual guidance and reading randomly from the *Shariyat-Ki-Sugmad*, the Holy Scriptures of Eckankar. When I opened the book, I put my finger on a place and read it. I was surprised that the word “travel” was within it. With this inner assurance, I got on the road at 2:30 a. m. and was on my way.

With the weather and the earliness, I had a really magical drive to the meeting center. I drove into St. Francis of the Woods retreat center and parked. Off down the slope were the bright lights of the town of Coyle. Staying warm in the car, I sang HU, an ancient name for God and a love song to God. The air was beautiful, foggy and misty. I walked the grounds, talked to the on-site manager. Two huge ravens flew onto a limb in a tree. White ducks floated in the pond. The start of a magical day.

Christie Kay, Regional Eckankar Spiritual Aide of Texas and Oklahoma, opened the program. A key comment was about rededicating your heart and hands to the Mahanta, the Light Giver of God. The Mahanta is the inner, or the spiritual, form of the Living ECK Master, the spiritual leader of Eckankar.

She also mentioned letting love shine through. Also important is having purpose, setting little in-between goals and a dedication to details.

The music was a piece of the adventure. With instruments and voice, there was singing, and group singing. The last line of a favorite song of mine that was presented, *Lai Tsi's Prayer*, is “For it has been ever thy will to lead the least of thy servants to thee.” Lai Tsi is a Vairagi Master of long ago.

The rest of the day was full of good programs and activities. Several Oklahoma ECK leaders and helpers contributed.

Everybody brought tasty food, enough to feed an army. The silent auction was fun. Maybe these fellowship activities were part of an earlier comment by the RESA, “Welcome to the physical side of Spirituality.”

The afternoon featured a training for presenting *Sound of Soul Events* in our communities. The description of these events was on the Event Guide studied.

“In these special ECK events, guests are welcomed as friends, settle in with a beautiful contemplation seed from the Master, and experience the 15 to 20 minute HU chant, followed by relaxed, authentic spiritual conversation.”

The day ended even prettier as trees glistened with snow. It reinforced me spiritually and was a joy to be with Oklahoma chelas, the students of Eckankar. Thanks for being you.

## *The Sound of Soul*

Welcome to the worlds of HU, an ancient, universal name for God. This sacred word can spiritually uplift people of any religion, culture, or walk of life. It is freely given—a gift beyond measure.

—Harold Klemp.

*The Sound of Soul, Page 1.*

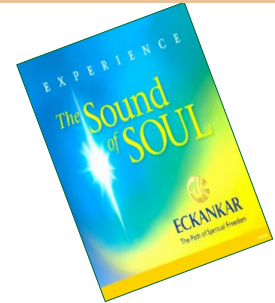
### *What is a Sound of Soul Event?*

A warm welcome as a friend; Singing the sacred sound of HU; Quiet contemplation; and a time for relaxed, authentic, spiritual conversation.

Guests settle in as friends with a contemplation seed to experience a HU chant followed by conversation with others. An event may be available near you.

## *April 2019*

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



## *Tulsa Area*

**14 ECK Light and Sound Service: *Sleep On It — Problem Solving in the Dream State.***

11:00 a. m. (2nd Sunday) Comfort Suites Central /I44, 8039 E. 33rd Street, S., Tulsa.

Cleric and Contact: Jeana Davis, 918-747-2858.

## *Oklahoma City Area*

**13 Sound of Soul Event: Texoma Event** — Wichita Falls Public Library, 600 11th Street, Corner of Indiana and 11th, Wichita Falls, Texas, Sat., April 13, 1:00-2:30 p. m. (2nd Saturday)

**21 Sound of Soul Event: 3:00 p. m.** (3rd Sunday of the month) Belle Isle Library, 5501 N. Villa Ave. and NW Highway, OKC. Contact. Rich McCoy, 619-940-8230. Second of 3 monthly meetings on this Event series.. For ongoing discussion online: [Click Here.](#)

HU brings the strength and wisdom to meet life in its Ups and Downs

*“Life goes up and down. . . .*

*“As life goes on around us, the detached state is that which runs right through the center; we are the balanced individual working in the Soul consciousness.*

*“Singing HU can help you align with this natural, holy rhythm of life.”*

—Harold Klemp.

*The Sound of Soul, page 32*

## Local Contacts

If you have any questions about Eckankar, the Path of Spiritual Freedom, and would like to speak with someone who is knowledgeable, please feel free to contact one of the people listed below who might be near your area. We will be happy to speak with you.

**Susan Bradley - Norman Area**

405-226-1768

**Jeana Davis - Tulsa, NE**

918-747-2858

**Ann Dow - Norman Area**

405-364-2459

**Peter Koons—SE OK**

207-370-7370

**Rich McCoy-OKC**

619-940-8230

**Jill McKenzie—SE OK**

580-319-1112

**Ronald Peters –OKC & S. Central OK**

405-227-6318

petersron47@gmail.com

**Monica Schultz, Oklahoma City**

405-463-0436

**Mimi Stauffer - Central Oklahoma**

918-225-7374

**Webmaster: Leon Bishop, NE OK**

918-284-6532

webmaster@eckankarinoklahoma.org

**You are welcome to contact  
any name on the list**

*You are invited to:*

*Tulsa Area*

*ECK Light and Sound Service*

11:00 a.m., April 14, 2019 (2nd Sunday) - Comfort Suites  
Central /I44, 8039 E. 33rd Street, S., Tulsa  
Cleric and Contact: Jeana Davis 918-747-2858

*Sleep On It*

*Problem Solving in the Dream State*

“To grasp the universal nature of dreams, take a step back and imagine that you are standing at the top of all worlds. The identity that can do that, to command a view even of creation itself, is the real you—eternal Soul. Soul is a child of God, and, by nature, Godlike. And so It can share in the divine attributes of wisdom, joy, freedom, and divine love.

So why doesn't It? Why don't you?”

—Harold Klemp.

*The Art of Spiritual Dreaming, Page 3*

**ECKANKAR: [www.eckankar.org](http://www.eckankar.org);**

**1-800-LOVE GOD.**

**ECKANKAR in Oklahoma:**

**[www.eckankarinoklahoma.org](http://www.eckankarinoklahoma.org); 405-655-0219**

Our Web page, [www.eckankarinoklahoma.org](http://www.eckankarinoklahoma.org), has links to Harold Klemp's videos on dreams, past lives, health and healing and others; also audio of singing HU and a newsletter, spiritual quotations, links to books, and more.

**ECK News is published monthly by the Oklahoma Satsang Society, Inc., a chartered Affiliate of ECKANKAR.**

The opinions expressed herewith are those of the writers and not necessarily those of ECKANKAR or the Living ECK Master, Sri Harold Klemp. Copyright ©2019 ECKANKAR. All rights reserved. The terms ECKANKAR, ECK, EK, MAHANTA, SOUL TRAVEL, and VAIRAGI, among others are trademarks of ECKANKAR, P.O. Box 2000, Chanhassen, MN 55317-2000.