



ECK News of Oklahoma

ECKANKAR

Path of Spiritual Freedom

November
2021

*Harold Klemp, The Spiritual
Leader of Eckankar*

Situated near a large park and a river, we share our neighborhood with lots of animals. There are possums, frogs, fox, raccoons, herons lots of animals. Last summer a new neighbor moved in, a red shouldered hawk. For our story I'll call him Red. Red has a distinctive cry as you see him careening overhead. He has claimed Alice's birdbath for morning ablutions. Frequently he can be heard and seen being chased by smaller birds. Red is overall an extrovert that makes himself known.

One morning walking the dog. I saw a large feather on the sidewalk. I picked it up because it was so beautiful. I recognized it as belonging to Red. The next morning there was another feather. Again I bent down to pick it up. Just as I touched the feather –Poof! The words popped in my head “Be the eagle. Do your best.” A flood of information came to me in the second it took to touch the feather.

And I thought of the parable that is called An Eagle's Story.

Briefly a Blackfoot Indian lad manages to steal an egg from an eagle's nest. He places it under a hen to hatch with her chickens.

A Beautiful Reminder. You Are an Eagle.

By Jeana Davis

The eagle yearns to soar like the eagles he sees in the sky above. The eagle, being always told he was a chicken, never knew or reached the potential within himself.

I would encourage you to read the parable for yourself, and look for the footnote after the quote at the end of the story. The parable ends with this bit of wisdom:

“Eckists are eagles, but we must recognize our identity. As eagles, we have to accept the responsibility of being ourselves and not react to other people's emotions, viewpoints, and efforts to control us. We have to be cause in our own lives and not the effect of others. That is the difference between being a free man or a slave.”

--- Harold Klemp,

The Book of ECK Parables, Volume 2, p.149

A beautiful reminder in an otherwise ordinary day to be my best self and do the best I can. We all have the capacity to do more than we think we can.

NOVEMBER 2021 ECKANKAR ZOOM & IN-PERSON EVENTS

*We are delighted to invite you to share these special ECK Zoom events.
Register for all events on Meetup or our website: <https://EckankarInOklahoma.org>*

Meetup Links:

<https://www.meetup.com/Central-Oklahoma-Spiritual-Experiences-Meetup/>

<https://www.meetup.com/Tulsa-Spiritual-Experiences-Meetup/>

ALL ARE INVITED AND WELCOME TO ALL EVENTS

Please feel free to invite others.

November 7 (1st Sunday) 6 p.m. ECK Light and Sound Service: *Was That a Gift from God?* —
<https://tinyurl.com/1stSunELSS6p>

November 13 (2nd Saturday) 1:00 p.m. — *Past Lives, Dreams and Soul Travel* discussion. Go to the Meetup link below and click the “Attend” button within this event detail.
Meetup Link: <https://www.meetup.com/Central-Oklahoma-Spiritual-Experiences-Meetup/>

November 14 (2nd Sun.) 4:00 p.m. — *How to Deal with the Tensions of Living: Spiritual Stress Relief*— An ECKANKAR Soul Adventure Spiritual Discussion. <https://tinyurl.com/2ndSund4pm>

November 19 In-Person Event: 2:00–3:00 p.m. *Spiritual Wisdom on Life After Death* booklet discussion. Come explore the eternal nature of you—Soul. Norman Central Library, Pioneer Room.

November 28 (4th Sunday a.m.) 11:30 a.m. *HU: Experience the Sound of Soul*. HU is a carrier of love between you and God. This event is sponsored by Eckankar in Oklahoma. To register, please click this registration link: <https://tinyurl.com/4thSunHU11-30>

November 28 (4th Sunday p.m.) 4:00 p.m. *HU: Experience the Sound of Soul*. HU is a carrier of love between you and God. Click this registration link: <https://tinyurl.com/4thSunHU4pm>

For all Zoom events, after you register, you will receive an automated confirmation email with information about the event, the direct Zoom link, and the different ways you can attend, including by phone.

We look forward to seeing you!

Local Contacts

If you have any questions about Eckankar, the Path of Spiritual Freedom, and would like to speak with someone who is knowledgeable, please feel free to contact one of the people listed below who might be near your area. We will be happy to speak with you.

Susan Bradley—Norman Area
405-226-1768

Jeana Davis—Tulsa, NE
918-671-0369

Ann Dow—Norman Area
405-364-2459

Rich McCoy—Oklahoma City
619-940-8230

Jill McKenzie—SE OK
580-319-1112

Peter McKenzie—SE OK
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Monica Schultz—Oklahoma City
405-906-4054

Mimi Stauffer—Central Oklahoma
918-225-7374

Webmaster: Leon Bishop—NE OK
918-284-6532

*You are welcome
to contact any name*

NOVEMBER ZOOM EVENTS QUOTES

November 7, 6 p.m. — *“Anytime you sing HU as a love offering to the Lord of all creation, your heart fills with the Light and Sound of God. They are the twin aspects of ECK, the Holy Spirit.*

“HU, the name of God, brings us into a holy alliance with the Light and Sound, the Word of God. Should the worlds tremble and all else fail, HU carries us into the ocean of God’s love and mercy.”

—Harold Klemp, *The Sound of Soul*

November 14, 4 p.m. — *“A Soul adventure can awaken you to more of the love, wisdom, and creative powers already within you. And in the most natural and extraordinary ways.”*

—Harold Klemp, *Spiritual Stress Relief* e-booklet, p.2

November 28, 11:30 a.m. — *“All you need do to recognize and benefit from these gifts of the Holy Spirit is open your consciousness.*

“We open the consciousness through the Spiritual Exercises of ECK, such as singing HU.”

—Harold Klemp, *The Awakened Heart*, p.28

NOVEMBER 2021						
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ECKANKAR:

<https://eckankar.org>

1-800-LOVE GOD

ECKANKAR in Oklahoma

<https://EckankarInOklahoma.org>

1-405-655-0219

Free e-booklets

<https://www.eckankar.org/soul-adventure/ebooklets/>

Finding Your Life’s Purpose • The Power of Gratitude

Spiritual Stress Relief • HU Your Key to Spiritual Living

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